

STATE OF NORTH DAKOTA

PROCLAMATION

MATERNAL MENTAL HEALTH AWARENESS WEEK MAY 5-11, 2024

WHEREAS, approximately 20 % to 25% of women experience a perinatal mood disorder during or after pregnancy; and

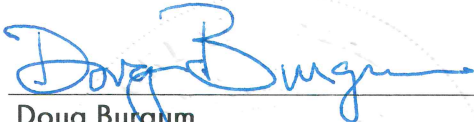
WHEREAS, approximately 1 in 7 women experience postpartum depression and/or anxiety, which is the most common complication following childbirth; and

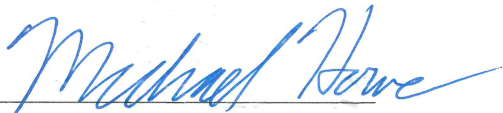
WHEREAS, approximately 50% of women affected by a perinatal mood disorder will not seek treatment; and

WHEREAS, the observance of Maternal Mental Health Awareness Week encourages North Dakotans to raise awareness and increase the understanding of perinatal mood disorders to reduce stigma attached to receiving treatment; and to recognize mothers and families who have experienced perinatal mood disorders and to encourage early treatment and interventions.

NOW, THEREFORE, as Governor of the State of North Dakota, I do hereby proclaim
May 5-11, 2024, **MATERNAL MENTAL HEALTH AWARENESS WEEK**
in the State of North Dakota.




Doug Burgum
GOVERNOR

ATTEST: 
Michael Howe
SECRETARY OF STATE