

STATE OF NORTH DAKOTA

PROCLAMATION

CONGENITAL DIAPHRAGMATIC HERNIA AWARENESS DAY

APRIL 19, 2026

WHEREAS, 1 in every 2,500 pregnancies are diagnosed with a congenital diaphragmatic hernia (CDH); and

WHEREAS, a congenital diaphragmatic hernia occurs when a baby's diaphragm fails to fully form, allowing abdominal organs into the chest cavity and preventing lung growth; and

WHEREAS, 1,600 babies are born with CDH every year in the United States, and since 2000, it is estimated that over 800,000 babies have been born with CDH, however, only 50% of those babies survived; and

WHEREAS, CDH is as common as spina bifida and cystic fibrosis, however, very few people know about it or are aware of it; and

WHEREAS, those who survive with CDH often endure multiple surgeries and possible medical complications beyond their diagnosis that include heart defects, pulmonary complications, gastric and intestinal problems, and developmental delays, and may require lifelong respiratory and medicinal support; and


WHEREAS, all North Dakotans are encouraged to learn about and raise awareness for this congenital defect in order to support those living with it, and to advocate for urgently needed medical research.

NOW, THEREFORE, as Governor of the State of North Dakota, I do hereby proclaim
April 19, 2026, CONGENITAL DIAPHRAGMATIC HERNIA AWARENESS DAY
in the State of North Dakota.




Kelly Armstrong
GOVERNOR

ATTEST:


Michael Howe
SECRETARY OF STATE