

STATE OF NORTH DAKOTA

PROCLAMATION

FAMILIAL HYPERCHOLESTOLEMIA AWARENESS DAY SEPTEMBER 24, 2026

WHEREAS, familial hypercholesterolemia is the most common genetic condition causing high levels of LDL cholesterol, also known as "bad" cholesterol, and an increased risk for early and aggressive cardiovascular disease; and

WHEREAS, it is estimated that 3,200 individuals in North Dakota have familial hypercholesterolemia, but fewer than 30% of those people have been diagnosed; and

WHEREAS, 5% of heart attacks that occur in individuals under age 60 and up to 20% of heart attacks that occur in individuals under age 45 are due to familial hypercholesterolemia; and

WHEREAS, cholesterol screening is recommended for children at age 2 with a family history of high cholesterol or early onset cardiovascular disease; for all children between the ages of 9 and 11; once again, for all young adults between the ages of 17 and 21; and for all adults approximately every five years; and

WHEREAS, early treatment with cholesterol-lowering medications in individuals with familial hypercholesterolemia can reduce the risk for cardiovascular disease.

NOW, THEREFORE, as Governor of the State of North Dakota, I do hereby proclaim
SEPTEMBER 24, 2026, **FAMILIAL HYPERCHOLESTOLEMIA AWARENESS DAY**
in the State of North Dakota.





Kelly Armstrong
GOVERNOR



ATTEST: Michael Howe
SECRETARY OF STATE