

STATE OF NORTH DAKOTA

PROCLAMATION

PTSD AWARENESS MONTH JUNE 2026

WHEREAS, Post-Traumatic Stress Disorder (PTSD) is a mental health condition that may develop after experiencing or witnessing a traumatic event, affecting individuals of all ages, backgrounds and professions; and

WHEREAS, PTSD impacts millions of Americans, including military veterans, first responders, survivors of violence and abuse, individuals affected by accidents and natural disasters and others who have experienced trauma; and

WHEREAS, PTSD can affect emotional well-being, physical health, family relationships, workplace performance and overall quality of life, yet recovery is possible through awareness, understanding, support and access to effective treatment; and

WHEREAS, increasing public awareness of PTSD helps reduce stigma surrounding mental health conditions, encourages individuals to seek assistance and promotes compassionate communities that support healing and resilience; and

WHEREAS, mental health providers, community organizations, educators, healthcare professionals, advocates and family members throughout North Dakota work tirelessly to provide resources, treatment and support for individuals living with PTSD; and

WHEREAS, PTSD Awareness Month provides an opportunity to recognize the courage of those living with PTSD, honor the efforts of caregivers and professionals and reaffirm our commitment to expanding access to mental health services throughout North Dakota.

NOW, THEREFORE, as Governor of the State of North Dakota, I do hereby proclaim
June 2026, PTSD AWARENESS MONTH in the State of North Dakota.




Kelly Armstrong
GOVERNOR

ATTEST: 
Michael Howe
SECRETARY OF STATE