

STATE OF NORTH DAKOTA

PROCLAMATION

TENNIS MONTH MAY 2026

WHEREAS, tennis is a sport that promotes health, longevity and community engagement, offering benefits for individuals of all ages, abilities and backgrounds; and

WHEREAS, tennis is recognized as the “World’s Healthiest Sport,” with studies showing that regular participation can add up to 10 years to an individual’s life; and

WHEREAS, the month of May marks the beginning of the outdoor tennis season in North Dakota, providing an ideal opportunity to celebrate and promote the sport across the state; and

WHEREAS, tennis encourages active lifestyles, fosters connections through community-based programs and highlights the accessibility and inclusivity of the sport; and

WHEREAS, the United States Tennis Association Northern and its partners are committed to growing the game of tennis, making it a key contributor to the health, well-being and vibrancy of North Dakota’s communities.

NOW, THEREFORE, as Governor of the State of North Dakota, I do hereby proclaim
MAY 2026, TENNIS MONTH in the State of North Dakota.




Kelly Armstrong
GOVERNOR

ATTEST: 
Michael Howe
SECRETARY OF STATE