



State of
North Dakota

Office of the Governor

Doug Burgum
Governor

PROCLAMATION
REFLEXOLOGY AWARENESS WEEK
SEPTEMBER 25-29, 2017

WHEREAS, health and wellness are vital to the residents of the state of North Dakota; and

WHEREAS, many North Dakotans are turning to complementary and integrative therapies as a way of maintaining good health and coping with specific conditions; and

WHEREAS, complementary and integrative therapies, such as reflexology, work on a holistic level, treating the whole person, including physical, emotional and psychological well-being; and

WHEREAS, reflexology is an ancient healing art form that deals with the belief that there are reflex points in the feet, hands and ears which correspond to all parts of the body; and

WHEREAS, pressure applied to these points helps to create balance within the body, improving circulation, soothing the nervous system and reducing overall stress; and

WHEREAS, The International Council of Reflexology has worked for the past 12 years with reflexology associations around the globe during the last full week of September to celebrate World Reflexology Week and to promote a greater understanding of reflexology; and

WHEREAS, the North Dakota Reflexology Board, along with the North Dakota Reflexology Association, wish to be part of this global campaign to raise public awareness of the benefits of reflexology and to help members of the public locate a qualified practitioner in each of their local areas.

NOW, THEREFORE, as Governor of the State of North Dakota, I do hereby proclaim September 25-29, 2017, **REFLEXOLOGY AWARENESS WEEK** in the State of North Dakota.

A blue ink signature of Doug Burgum, written over a horizontal line.

Doug Burgum
Governor

ATTEST:

A blue ink signature of Alvin A. Jaeger, written over a horizontal line.

Alvin A. Jaeger
Secretary of State