

STATE OF NORTH DAKOTA

PROCLAMATION

CHIROPRACTIC HEALTH MONTH OCTOBER 2025

WHEREAS, chronic musculoskeletal pain is a widespread problem due to factors such as an aging population and increase in obesity and sedentary lifestyles; and

WHEREAS, back pain is the single leading cause of disability and historically one of the most common reasons why people are prescribed opioid pain medications; and

WHEREAS, the number of people worldwide living with back pain is projected to increase by 36% to more than 800 million over the next 30 years; and

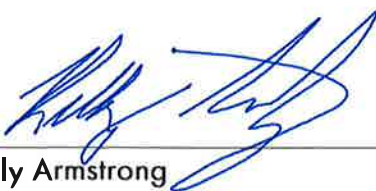
WHEREAS, clinical guidelines from leading health care organizations such as the CDC and the American College of Physicians now encourage patients with common musculoskeletal pain to try non-drug treatments first; and

WHEREAS, doctors of chiropractic are experts in musculoskeletal health and offer a variety of non-drug approaches to treat musculoskeletal conditions such as back pain, neck pain, joint pain and tension headaches, along with advice on nutrition, injury prevention, ergonomics and lifestyle modifications for optimal health and wellness; and

WHEREAS, with the theme "Get Started with Chiropractic," National Chiropractic Health Month 2025 reminds citizens of North Dakota that chiropractors can help them maintain and improve their musculoskeletal health throughout their lifetime and may also help them to reduce their need for prescription pain medications for common musculoskeletal conditions.

NOW, THEREFORE, as Governor of the State of North Dakota, I do hereby proclaim
October 2025, **CHIROPRACTIC HEALTH MONTH** in the State of North Dakota.




Kelly Armstrong
GOVERNOR

ATTEST: 
Michael Howe
SECRETARY OF STATE