## STATE OF NORTH DAKOTA



## RURAL HEALTH DAY NOVEMBER 20, 2025

WHEREAS, rural communities in North Dakota and throughout the United States are exceptional places to live, work and volunteer; and

WHEREAS, nearly 61 million people (19.7% of the population) and 86% of the country's land area are considered rural; and

WHEREAS, North Dakota's 270,000 rural citizens — as estimated by the North Dakota State Data Center based on 2020 U.S. Census data — possess a selfless, creative and community-minded spirit; and

WHEREAS, the health and well-being of our citizens are of utmost importance to our great state; and

WHEREAS, rural communities often experience barriers such as limited access to basic health care services, shortages of health care providers, transportation challenges, an aging population with higher rates of chronic conditions and a greater proportion of uninsured and underinsured citizens; and

WHEREAS, rural communities are resilient, resourceful, innovative and collaborative, addressing local challenges with creative solutions; and rural America is a great place for dedicated health professionals to deliver high-quality, personalized care and essential health services; and

WHEREAS, National Rural Health Day, founded by the National Organization of State Offices of Rural Health (NOSORH) and celebrated annually on the third Thursday of November, highlights the unique needs and opportunities that rural communities face in accessing quality health care services.

NOW, THEREFORE, as Governor of the State of North Dakota, I do hereby proclaim November 20, 2025, RURAL HEALTH DAY in the State of North Dakota.

CREAT SEAL OF NORTH O

Kelly Amstrong

GOVERNOR

ATTEST:

Michael Howe

SECRETARY OF STATE