NORTH DAKOTA



BREASTFEEDING MONTH AUGUST 2022

WHEREAS, the healthy development of children is important to all North Dakotans, and parents are the primary decision-makers in their children's well-being; and all parents can benefit from access to education on infant nutrition and wellness, which may include breastfeeding; and

WHEREAS, major medical authorities recommend exclusive breastfeeding for the first six months of life, with continued breastfeeding, as long as mutually desired by mother and child, for up to two years; and

WHEREAS, at the time of this proclamation, a recent Centers for Disease Control and Prevention analysis of birth certificate data reports that among North Dakota infants born in 2018, 81 percent were breastfed; and

WHEREAS, breastfeeding is a proven primary prevention strategy that builds a foundation for life long health and wellness; and

WHEREAS, increasing evidence-based breastfeeding policies and practices in health care, public health and workplaces will change the landscape to be more supportive of breastfeeding; and

WHEREAS, North Dakota law protects a woman's right to breastfeed a child in any location, public or private, where the woman and child are otherwise authorized to be; and North Dakota employers who support breastfeeding employees in the workplace can be designated as "Infant Friendly" by the North Dakota Department of Health; and

WHEREAS, the U.S. Breastfeeding Committee designates August as "National Breastfeeding Month" and the World Alliance for Breastfeeding Action designates August 1-7 as "World Breastfeeding Week."

NOW, THEREFORE, as Governor of the State of North Dakota, I do hereby proclaim August 2022, BREASTFEEDING MONTH in the State of North Dakota.

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Doug Burgum

Alvin A. Jaeger SECRETARY OF STATE