

STATE OF NORTH DAKOTA

PROCLAMATION

CHIROPRACTIC HEALTH MONTH OCTOBER 2022

WHEREAS, the opioid crisis continues to take a toll on the health and lives of millions of Americans, and according to the Centers for Disease Control and Prevention (CDC), as many as 1 in 4 patients who receive prescription opioids long term for non-cancer pain struggles with the disease of addiction, and between 1999 and 2020 more than 260,000 people died in the United States from overdoses involving prescription opioids; and

WHEREAS, the interest in and need for greater access to safe and effective non-drug, noninvasive approaches to pain management has increased; and

WHEREAS, the American College of Physicians released updated low-back pain treatment guidelines in 2017 that promote the use of noninvasive, non-drug approaches such as spinal manipulation as a first line of defense against back pain, before the use of pain medications and surgery; and

WHEREAS, the CDC in its draft 2022 prescribing guidelines also promotes diverse approaches and varied pain management solutions and specifically encourages use of non-drug therapies as a first line of treatment for subacute and chronic pain and even some types of acute pain; and

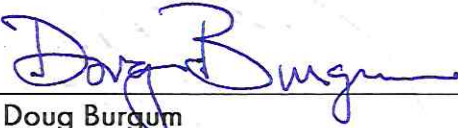
WHEREAS, doctors of chiropractic, who focus on the whole person with non-drug, noninvasive treatments for pain management – most notably spinal manipulation – can play an important role in helping patients lessen their reliance on pain medications; and

WHEREAS, there is a growing body of research supporting the early use of chiropractic spinal manipulation in helping patients with chronic low back pain to reduce or eliminate their need later for prescription opioid pain medications and surgery; and

WHEREAS, with the theme “Chiropractic: On the Frontline for Pain,” National Chiropractic Health Month 2022 serves as a reminder that non-drug treatments for low-back pain such as spinal manipulation provided by doctors of chiropractic can help to lessen or eliminate the need for riskier, potentially addictive treatments and should be utilized where appropriate before starting prescription opioid pain medications.

NOW, THEREFORE, as Governor of the State of North Dakota, I do hereby proclaim
October 2022, CHIROPRACTIC HEALTH MONTH in the State of North Dakota.




Doug Burgum
GOVERNOR

ATTEST: 
Alvin A. Jaeger
SECRETARY OF STATE