

STATE OF NORTH DAKOTA

PROCLAMATION

DIABETES AWARENESS MONTH NOVEMBER 2019

WHEREAS, in the United States, diabetes affects 9.3 percent of the population, or 29.1 million people of all ages and backgrounds, and diabetes is a serious disease for which there is no known cure and is the seventh-leading cause of death by disease in the United States; and approximately 8.1 million Americans who have diabetes do not know they have the disease and may experience damaging effects without producing any symptoms; and

WHEREAS, another 86 million, or 1 in 3 American adults, have pre-diabetes, a condition which puts them at greater risk for developing Type 2 diabetes, and if current trends continue, 1 in 3 American adults will have diabetes by 2050; and

WHEREAS, Type 2 diabetes is the most common type of diabetes and can be delayed and even prevented through lifestyle changes including sustainable weight loss, increasing physical activity and eating healthy foods; and

WHEREAS, Type 1 diabetes (T1D) is an autoimmune disease in which one's pancreas stops producing insulin, a hormone that enables people to get energy from food, which occurs when the body's immune system attacks and destroys the insulin-producing cells in the pancreas, called beta cells. While its causes are not yet entirely understood, scientists believe that both genetic factors and environmental triggers are involved. Its onset has nothing to do with diet or lifestyle. There is no known prevention or cure for T1D; and

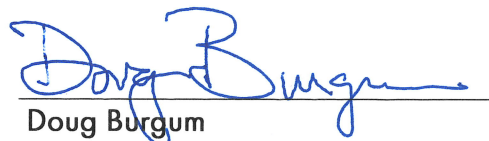
WHEREAS, T1D strikes children and adults at any age; T1D comes on suddenly, causes dependence on injected or pumped insulin for life and carries the constant threat of devastating complications; and

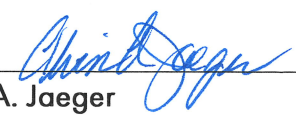
WHEREAS, 1.25 million Americans are living with T1D and 40,000 individuals are diagnosed each year in the U.S.; 5 million people in the U.S. are expected to have T1D by 2050, including nearly 600,000 youth; between 2001 and 2009 there was a 21 percent increase in the prevalence of T1D in people under age 20; and

WHEREAS, an increase in community awareness of risk factors and symptoms related to diabetes can improve the likelihood that people with diabetes will get the attention they need before suffering the devastating complications of the disease.

NOW, THEREFORE, as Governor of the State of North Dakota, I do hereby proclaim
November 2019, **DIABETES AWARENESS MONTH** in the State of North Dakota.




Doug Burgum
GOVERNOR

ATTEST: 
Alvin A. Jaeger
SECRETARY OF STATE