

# STATE OF NORTH DAKOTA

## PROCLAMATION

### DIABETES AWARENESS MONTH NOVEMBER 2020

WHEREAS, diabetes is growing at an epidemic rate and presenting in progressively younger populations in the United States; it is a serious and costly disease, and the seventh leading cause of death by disease in the U.S.; and

WHEREAS, in 2018, diabetes affected 9.4% of the adult population in North Dakota; and an additional 34.5% of adults have prediabetes, a condition which puts them at greater risk for developing Type 2 diabetes; and

WHEREAS, in North Dakota alone approximately 183,000 adults do not know they have diabetes and may experience damage to the heart, eyes, kidneys and limbs without any symptoms, and may incur 2.3 times greater health care costs; direct medical expenses for diabetes in ND was estimated at \$470 million in 2017, plus another \$190 million in lost productivity; and

WHEREAS, Type 1 diabetes (T1D) is an autoimmune disease in which a person's pancreas stops producing insulin, a hormone that enables a person's body to use energy from food; and scientists believe that both genetic factors and environmental triggers are involved; and

WHEREAS, T1D is found in both children and adults at any age and causes dependence on injected or pumped insulin for life, carrying the constant threat of devastating complications and bringing financial and emotional burden to individuals and their caregivers; and

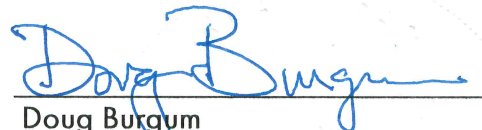
WHEREAS, 1.6 million Americans live with T1D and over 50,000 people are diagnosed with T1D each year; and

WHEREAS, accessibility and affordability of diabetes-related prescriptions, diabetes care and diabetes management devices significantly improves peoples' ability to effectively manage the disease before suffering devastating complications; and

WHEREAS, all citizens are encouraged to help fight the diabetes epidemic by increasing awareness of symptoms and risk factors for diabetes, by understanding T1D (autoimmune) can't be cured, and by providing support to those suffering from diabetes.

NOW, THEREFORE, as Governor of the State of North Dakota, I do hereby proclaim  
November 2020, DIABETES AWARENESS MONTH in the State of North Dakota.



  
Doug Burgum  
GOVERNOR

ATTEST:   
Alvin A. Jaeger  
SECRETARY OF STATE