

GOUT AWARENESS DAY MAY 22, 2022

WHEREAS, more than 9 million Americans suffer with gout, the most common form of inflammatory arthritis, caused by high levels of uric acid in the blood stream and the associated accumulation of urate crystals in the joints; and

WHEREAS, gout causes excruciating attacks and impacts a patient's workplace, community and daily quality of life; and

WHEREAS, black Americans are two to three times more likely to develop gout than white Americans, and are less likely to be prescribed urate-lowering medications or receive ongoing, routine provider care; and

WHEREAS, Asian Americans and Asian Pacific Islanders are also at an increased risk of gout; and 39 percent of the Hmong population shows signs of gout prior to age 30; and

WHEREAS, stigma, lack of awareness and misinformation may hinder treatment for gout, a chronic disease characterized by sudden, severe attacks of pain, swelling, redness and tenderness in one or more joints, most often in the big toe; and

WHEREAS, heightening public awareness can reduce the stigma people with gout experience and empower patients to seek quality care and timely treatment.

NOW, THEREFORE, as Governor of the State of North Dakota, I do hereby proclaim May 22, 2022, GOUT AWARENESS DAY in the State of North Dakota.



Doug Burgum GOVERNOR

ATTEST: Unit Segur

SECRETARY OF STATE