

STATE OF NORTH DAKOTA

PROCLAMATION

MEN'S HEALTH MONTH JUNE 2022

WHEREAS, despite advances in medical technology and research, North Dakota men continue to live an average of seven years fewer than women; and

WHEREAS, educating the public and health care providers about the importance of a healthy lifestyle and early detection of health problems among men will result in reducing rates of mortality from disease; and

WHEREAS, men who are educated about how preventative health care can prolong their lifespan will be more likely to participate in health screenings; and

WHEREAS, men who maintain a healthy lifestyle are role models for the children in their lives and set a positive example for them; and

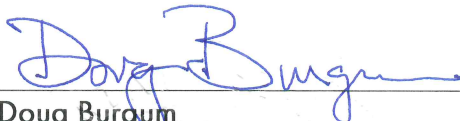
WHEREAS, increasing awareness and reducing stigma around mental health among men remains of high priority, as suicide ranked in the Top 10 primary causes of death for men in North Dakota between 2017 and 2020; and

WHEREAS, Men's Health Month in North Dakota will focus on a broad range of men's health issues, including preventative health care, mental health, substance abuse, diabetes education, sexual health and cancer awareness and prevention; and

WHEREAS, North Dakotans are encouraged to increase awareness of the importance of a healthy lifestyle, regular exercise, medical check-ups and mental health care, and to pursue preventative health practices and early detection efforts throughout the year.

NOW, THEREFORE, as Governor of the State of North Dakota, I do hereby proclaim
June 2022, MEN'S HEALTH MONTH in the State of North Dakota.




Doug Burgum
GOVERNOR

ATTEST: 
Alvin A. Jaeger
SECRETARY OF STATE