

STATE OF NORTH DAKOTA

PROCLAMATION

MEN'S HEALTH MONTH JUNE 2023

WHEREAS, despite advances in medical technology and research, North Dakota men continue to live an average of more than seven years less than women, with Native American and African-American men having the lowest life expectancy; and

WHEREAS, educating the public and health care providers about the importance of a healthy lifestyle and early detection of male health problems will result in reducing rates of mortality from disease; and

WHEREAS, men who are educated about the value that preventive health can play in prolonging their lifespan and their role as productive family members will be more likely to participate in health screenings; and

WHEREAS, increasing awareness and reducing stigma around male mental health remains of high priority, with suicide ranking in the top 10 primary causes of death for men in North Dakota between 2017 and 2020; and

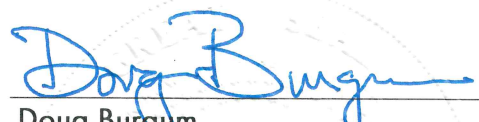
WHEREAS, fathers who stay connected to their children and maintain a healthy lifestyle are role models for their children and have happier, healthier children; and

WHEREAS, Men's Health Month in North Dakota will focus on a broad range of men's health issues, including preventative health care, mental health, substance abuse, diabetes education, sexual health and cancer awareness and prevention; and

WHEREAS, North Dakotans are encouraged to increase awareness of the importance of a healthy lifestyle, regular exercise, medical check-ups and mental health care.

NOW, THEREFORE, as Governor of the State of North Dakota, I do hereby proclaim
June 2023, MEN'S HEALTH MONTH in the State of North Dakota.




Doug Burgum
GOVERNOR

ATTEST: 
Michael Howe
SECRETARY OF STATE