

STATE OF NORTH DAKOTA

PROCLAMATION

MEN'S HEALTH MONTH JUNE 2019

WHEREAS, despite modern advances in medical technology and research, men's life expectancy continues to average five years less than women's, with men of Native American and African American ethnic backgrounds having the lowest life expectancy overall; and

WHEREAS, educating the public and health care providers about the importance of a healthy lifestyle and early detection of men's health problems will assist in reducing the number of deaths caused by detectable and preventable diseases; and

WHEREAS, men who understand the important role that preventative health can play in prolonging their lifespan and role as productive family members are more likely to participate in health screenings; and

WHEREAS, fathers who maintain a healthy lifestyle are role models for their children and have happier, healthier children; and

WHEREAS, Men's Health Network worked in conjunction with Congress to develop a national men's health awareness period as a special campaign to help educate men, boys and their families about the importance of positive health attitudes and preventative health practices; and

WHEREAS, North Dakota's Men's Health Month will focus on a broad range of men's health issues including: heart disease; mental health; diabetes; and prostate, testicular and colon cancer; and

WHEREAS, the citizens of this state are encouraged to increase awareness of the importance of a healthy lifestyle, regular exercise and medical check-ups.

NOW, THEREFORE, as Governor of the State of North Dakota, I do hereby proclaim
June 2019, MEN'S HEALTH MONTH in the State of North Dakota.




Doug Burgum
GOVERNOR

ATTEST: 
Alvin A. Jaeger
SECRETARY OF STATE