



— State of —  
**North Dakota**

*Office of the Governor*

**Doug Burgum**  
*Governor*

PROCLAMATION  
**PANCREATIC CANCER AWARENESS MONTH**  
NOVEMBER 2018

**WHEREAS**, the incidence of pancreatic cancer has risen with an increase in the average life span and almost always strikes over the age of 45, with about two-thirds of cases occurring in people over the age of 65; and

**WHEREAS**, there is no standard screening test for pancreatic cancer, which makes it vital for people to know the signs and symptoms of the disease to help facilitate early diagnosis; and

**WHEREAS**, pancreatic cancer symptoms can be vague and may come and go, differing in severity from person to person, and may include abdominal and mid-back pain, unexplained weight loss, yellow skin or eyes, change in stool, new onset diabetes and digestive problems; and

**WHEREAS**, an individual should speak with his or her health care provider as soon as possible if symptoms are experienced; and

**WHEREAS**, aside from advanced age, smoking is the main risk factor for pancreatic cancer; a smoker is twice as likely as a nonsmoker to get the disease, and cigar and pipe smoking also increase risk, as does the use of smokeless tobacco products; and

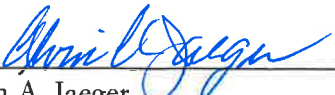
**WHEREAS**, no single method of quitting works for everyone. NDQuits offers several free options that include free counseling, advice and support and free nicotine replacement products for those who qualify; and

**WHEREAS**, the good health and well-being of North Dakotans are enhanced as a direct result of increased awareness about the symptoms and risks of pancreatic cancer and main risk factors of pancreatic cancer.

**NOW, THEREFORE**, as Governor of the State of North Dakota, I do hereby proclaim November 2018, **PANCREATIC CANCER AWARENESS MONTH** in the State of North Dakota.

  
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Doug Burgum  
Governor

ATTEST:

  
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Alvin A. Jaeger  
Secretary of State