

RSD/CRPS AWARENESS MONTH NOVEMBER 2023

WHEREAS, reflex sympathetic dystrophy (RSD) also known as complex regional pain syndrome (CRPS), is a chronic neurological pain syndrome that affects one or more extremities along with organs, joints and muscles; and

WHEREAS, the symptoms of RSD/CRPS are often described as burning that is out of proportion to the severity of the initial injury and can include central and peripheral nervous system sensitization, extreme sensitivity to touch, decreased range of motion, pathological changes in bone and skin, excessive sweating and tissue swelling; and

WHEREAS, there is no cure for RSD/CRPS, and treatments aimed at easing pain and improving function include physical therapy, occupational therapy, nerve blocks, graded motor imagery/mirror therapy, ketamine infusions, Calmare, opiates, pain pumps and spinal cord simulators; and

WHEREAS, RSD/CRPS is estimated to affect between 1.5 million and 3 million people in the United States; and the onset of RSD/CRPS can occur at any age and affect both male and female, although it is more common in females; and

WHEREAS, RSD/CRPS Awareness Month provides an opportunity for those living with RSD/CRPS and others in the community to join together to further educate the public and health care professionals about RSD/CRPS and to call for further research regarding treatment and a cure of the disorder.

NOW, THEREFORE, as Governor of the State of North Dakota, I do hereby proclaim November 2023, RSD/CRPS AWARENESS MONTH in the State of North Dakota.



Doug Burgum GOVERNOR

ATTEST:

Michael Howe SECRETARY OF STATE