



— State of —
North Dakota
Office of the Governor

Doug Burgum
Governor

PROCLAMATION
RECOVERY DAY
FEBRUARY 4, 2019

WHEREAS, Recovery from the disease of addiction and mental illness is a cause to be recognized and celebrated, providing opportunities for individuals to lead fulfilling lives and give back to their communities; and

WHEREAS, Recovery is a vital component to the continuum of care, as addiction and mental illness can affect any North Dakotan regardless of age, gender, ethnicity or socioeconomic status; and

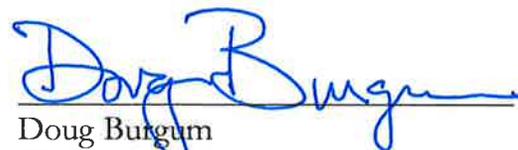
WHEREAS, Recovery creates opportunity to share personal stories of struggle and triumph, facilitating the elimination of shame and stigma surrounding behavioral health issues including addiction and mental illness by normalizing and promoting open conversation; and

WHEREAS, Recovery is strengthened by peer support services that enable people with lived experience to become Peer Support Specialists and assist peers struggling with behavioral health issues including addiction and mental illness, through modeling personal responsibility and challenging unhelpful patterns; and

WHEREAS, Recovery programs are essential to empowering healthy families, businesses and communities, as 1,800 people accessed treatment through the Substance Use Disorder voucher, 900 individuals are being served through the Free Through Recovery Program, and over 200 peer support specialists have been trained this biennium alone; and

WHEREAS, Recovery offers hope to those struggling, that they are not defined by addiction or mental illness and the recovery journey is worth the effort.

NOW, THEREFORE, as Governor of the State of North Dakota, I do hereby proclaim February 4, 2019, **RECOVERY DAY** in the State of North Dakota.


Doug Burgum
Governor

ATTEST:


Alvin A. Jaeger
Secretary of State