

STATE OF NORTH DAKOTA

PROCLAMATION

REFLEXOLOGY AWARENESS WEEK

SEPTEMBER 22-28, 2019

WHEREAS, health and wellness are vital to the residents of the State of North Dakota; and

WHEREAS, many North Dakota residents are turning to complementary and integrative therapies as a way of maintaining good health and coping with specific conditions; and

WHEREAS, complementary and integrative therapies, such as reflexology, work on a holistic level, treating the whole person, including physical, emotional and psychological well-being; and

WHEREAS, reflexology is an ancient healing art form that deals with the belief that there are reflex points in the feet, hands and ears which correspond to all parts of the body; and


WHEREAS, pressure applied to these points helps to create balance within the body, improving circulation, soothing the nervous system and reducing overall stress; and

WHEREAS, the International Council of Reflexology has worked since 1994 with reflexology associations around the globe during the last full week of September to celebrate World Reflexology Week and to promote a greater understanding of reflexology; and

WHEREAS, the North Dakota Reflexology Board, along with the North Dakota Reflexology Association, wish to be part of this global campaign to raise public awareness of the benefits of reflexology and to help members of the public locate a qualified practitioner in each of their local areas.

NOW, THEREFORE, as Governor of the State of North Dakota, I do hereby proclaim September 22-28, 2019, REFLEXOLOGY AWARENESS WEEK in the State of North Dakota.




Doug Burgum
GOVERNOR

ATTEST: 
Alvin A. Jaeger
SECRETARY OF STATE