

PROCLAMATION SUICIDE PREVENTION MONTH SEPTEMBER 2018

WHEREAS, suicide is the 10th-leading cause of death in the United States and the second-leading cause of death among people ages 10 to 24; and

WHEREAS, in the United States, one person dies by suicide every 13 minutes; and

WHEREAS, suicide is a preventable public health issue, yet far too many North Dakotans die by suicide each year; and

WHEREAS, in North Dakota, the suicide rate has increased 58 percent since the year 1999 and is the second-leading cause of death among people ages 15 to 24; and

WHEREAS, in 2017, 148 North Dakotans died by suicide, and thousands of friends and family members were changed forever by losing those people; and

WHEREAS, agencies and individuals across North Dakota are working to end suicide; and

WHEREAS, North Dakotans are encouraged to learn the warning signs of suicide, to practice asking directly about suicide and to place the National Suicide Prevention Lifeline (1-800-273-8255) in their phones so they are prepared to connect someone at risk of suicide to help at a moment's notice.

NOW, THEREFORE, as Governor of the State of North Dakota, I do hereby proclaim September 2018, **SUICIDE PREVENTION MONTH** in the State of North Dakota.

Doug Burgam Governor

ATTEST:

Alvin A. Jaeger Secretary of State